
How to . . .

Remove Spyware off your PC

Spyware (including Adware) often installs on your PC without you realizing it, and slows down your PC by using up system resources.

The following FREE products detect and remove spyware, and will also help to prevent Internet Pop-up's:

- [Microsoft Windows Defender](#)
- [Spybot](#)
- [Ad-Aware](#)
- [X-Cleaner](#)

Some programs may catch certain types of spyware better than others, so try installing one or more of the programs, and updating the software often.

Between all four programs, you should be able to catch any spyware that find its way onto your PC.
