
How to:

Uninstall programs from your computer

A simple way to keep your computer running at peak performance is to get rid of programs you're not using.

Start by reviewing the software on your computer and uninstall programs you haven't used in a long time. By doing so, you can lower the amount of space used on your hard drive, lower the memory it uses, and speed up your computer.

1. On the **Start** menu, click **Control Panel**.
2. In the Control Panel, click **Add or Remove Programs**.
3. In the Add or Remove dialog box, you will see a list of all the programs on your computer. When you click on a program, you can see how often and when you last used the program. The image below shows where you can find this information. If you want to get rid of the program, click **Remove**.
4. Click **Yes** when you're asked whether you want to remove the program.

